

Restrictive Intervention Protocol

Young Child Program

Compass' Young Child program employees are trained and certified through the Crisis Prevention Institute (CPI). The strategies used by the team allow for prevention of crises and maintenance of a safe environment for all patients. The model includes techniques that can help to de-escalate and interrupt potential unsafe behaviors. When prevention is ineffective, it allows the team to manage acute crisis and reduce potential and actual injury to children and staff through the use of restrictive interventions.

In the presence of physical aggression toward self or others, the team is trained to first utilize de-escalation strategies, and as a last resort, engage in "restrictive interventions" (physical restraint and/or seclusion) to reduce risk of harm.

- Physical Intervention includes the use of trained holding skills that limit an individual's ability to hurt themselves or others.
- Seclusion includes an individual being separated and actively prevented from returning to the group in order to prevent an unsafe situation; individuals will always be accompanied by staff.

There are several important pieces of information tied to this protocol that parents/guardians need to know:

1. While the team is equipped to manage acute behavioral crisis, there is a point where these events indicate that a child requires higher or different level of care than the Young Child Program at Compass.
 - a. After 1 and 2 restrictive interventions at Compass, your treatment team will discuss a plan with you to reduce potential for future events and/or review alternative treatment options (see below).
 - b. After 3 restrictive interventions at Compass, your child will be administratively discharged from treatment at Compass and your team will guide you to more appropriate care.
2. In the event that your child requires restrictive intervention repeatedly or for 30 minutes in one day, parents/guardians will be called to (a) pick up your child for the remainder of the day **and** (b) engage in problem-solving discussion to reduce need for restrictive intervention.
 - a. A meeting with parents/guardians is required before your child can return to program.
 - b. Results of this meeting may be updates to your child's treatment plan, scheduled attendance, and recommendations for additional interventions / alternative treatment.
3. Parents/guardians may be required to be within 15 minutes of Compass Health Center during your child's treatment. This will be determined based on individual child needs and by your child's treatment team and program directors.

If a parent/guardian is unable to adhere to the above protocols, alternative options for treatment will be discussed.

Collaboration with parents and families is necessary in the provision of treatment for children within the Young Child Program. We appreciate your partnership and support in our efforts to provide effective and safe treatment for all in our care.